

SIDNEY GALE HOUSE - RESPITE STAYS

Respite stays are booked through your care manager and need to be planned well in advance, to ensure you are able to stay the dates you require. These are available to give your family 'carer' a break or to enable them to take a short holiday.

We suggest you bring with you for your respite stay:

- At least two full sets of day clothes.
- Underwear sufficient for your stay.
- Two changes of night clothes.
- A dressing gown and slippers.
- Toiletries should include: flannel, denture pot if required, toothbrush/paste.
- Brush and comb.
- Razor if appropriate.

- Sufficient continence aids (pads) for your stay
- Sufficient medication for your stay. We will administer your medication for you if you wish.
- Walking aids – zimmer/stick etc.

Other items you may like to bring

Photos, books, radio and a small amount of cash

Please note: all clothing must be labelled clearly for laundry purposes; we cannot take responsibility for unlabelled clothing.

Medication

Please ensure all medication brought into the home is in the original pharmaceutical packaging.

Staff need to be aware of all medication, even if you administer it yourself.

If you are here for respite please ensure you have sufficient medication and creams for your stay.