

source

Choices for living your life



What is Source?

Source is a new website with advice, support and information.

Source is for adults in Bournemouth, Poole and Dorset. Especially adults who have care and support needs.

www.sourcedirectory.org.uk



Source is:

- free
- easy to use
- customer friendly
- accessible



There are different sections:

 Things to do	 Working and learning	 Getting around	 Health and well being	 Living at home
 Money matters	 Caring for someone	 Housing and care homes	 Living with a disability	 Advocacy, your rights and Safeguarding

You can search for services you need.



www.sourcedirectory.org.uk

Source has information from lots of different places. Like the NHS, Age UK, your local council and others.



Do you know a group that is not on Source but they should be? Please tell them about it.



If you do not have the internet or if you need help to use Source call your local council:



Bournemouth: 01202 454979

Poole: 01202 633902

Dorset: 01305 221067



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